

Content:

From Confusion to Understanding

May Chan

**GCBCR  
Vacation Bible  
School**  
儿童暑期圣经学校  
6/21/10-6/25/10  
SonQuest  
Rainforest

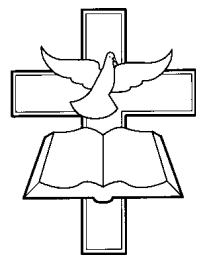
**CBCR  
Vacation Bible  
School**  
假期聖經學校  
6/21/10-6/25/10  
SADDLE RIDGE  
馬鞍嶺的探索  
Need answers? Ask God!

**Youth  
Missionaries  
this summer**

**Congratulations  
to our 2010  
Graduates**

**Chinese Baptist Church of Richmond:**  
(1800 Parkway Lane, Richmond, VA 23225)  
Ø English Worship & Chinese Sunday School: Sunday 9:30am  
Ø Chinese Worship & English Sunday School: Sunday 11:00am  
1<sup>st</sup> Sunday of the month: 9:30am Communion.  
11:00am English & Chinese Unity Worship  
Website: <http://cbrvirginia.org>

**Grace Chinese Baptist Church of Richmond:**  
(2101 N. Parham Road, Richmond, VA 23229  
in Parham Road Baptist Church)  
Ø Worship & Children Sunday School: Sunday 3:15pm  
Ø Sunday School & English Worship: Sunday 2:00pm  
1<sup>st</sup> Sunday of the month: 2:00pm Communion.  
Website: <http://www.gcber.org>



**Chinese Baptist Church of Richmond**  
列治文華人浸信會  
1800 Parkway Lane  
Richmond, VA 23225  
(804) 745-0709  
Email: [ChineseBapChurch@cbrvirginia.org](mailto:ChineseBapChurch@cbrvirginia.org)

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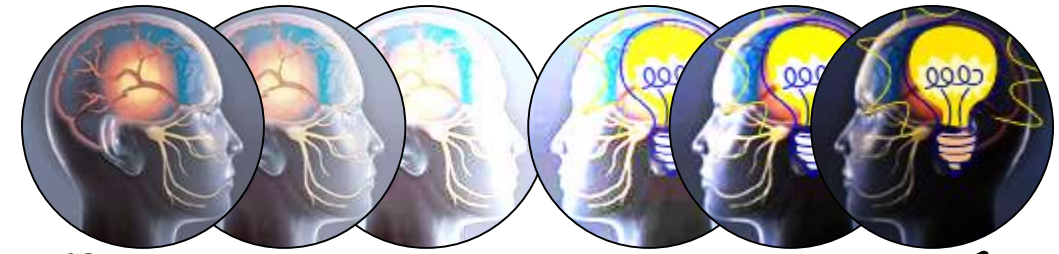
**DATED MATERIAL—DO NOT DELAY**

# 靈性生活

## SPIRITUAL LIFE

**June 2010**

*Chinese Baptist Church of Richmond*  
*Grace Chinese Baptist Church of Richmond*



### *From Confusion to Understanding*

May Chan

*May Chan was baptized on Easter Sunday of this year. This article is the testimony she shared with the church in preparation for her baptism. May started attending our church several years ago during her summer breaks from college. She graduated last May from JMU, is currently working in Richmond, but is planning to return to university for more study this fall.*

My family values and friends' pressure pushed me every which way to understand what defined good and bad. Throughout my high school years, I was experiencing peer pressure all around me from my closest friends to my teammates. I did not know the risks I was taking. I did not see the consequences that would result from my actions. I was always the rebellious one in the family because I questioned my family values. I was sheltered. I was limited to doing what most high schoolers were experiencing (going to the football game, homecoming, playing sports, etc). I could not tell right from wrong. I was completely blinded and insensitive.

It was not until I paid the ultimate price for my actions in school that I finally thought in the slightest bit that enough was enough. That same day I had a complete change of heart when my dad made me sit down with him in the sunroom of our house. His face was tired and drained and his body was slumped over, but I could tell he had just a little spark of energy to tell me what was on his mind. He told me that he would support me all the way through the process of my punishment and that he loved me and will always do so. Although not a tear dropped from his eyes, I could see how much love my dad had for me. I gave him a big hug, and I began my journey to finding my purpose in life and setting my values straight.

I didn't know where to start. I had a long time catholic friend who I visited often. I remember her house having crosses everywhere and an area dedicated to Mary. At that

moment, I recalled throughout my life seeing crosses at every other building I passed down the road I lived on. When I was a girl scout, a church provided a room for us to meet. When I went to Chinese school, a Catholic school was opened for me to learn my lessons. Everywhere I went there was a church I attended, but I never thought twice about it. My childhood years helped me get a move on what I was searching for. Finally, I remembered seeing the movie Ten Commandments on TV almost every year, giving it only a few minutes to understand what in the world was going on. I had no idea the movie was based on a true story. My interest peaked for some weird reason, and I decided to go onto the Internet to search the importance of the Ten Commandments. Funny, I know. While I was sitting and reading the commandments, a weird thought came over me to understand who God was.

All of a sudden everything was leading me to know Christ more. I met a few friends in high school who were Christians who knew me from working at my parent's restaurant during the start of my junior year in high school. They invited me out to a college fellowship, and there I was exposed to so many awkward moments. As a non-believer, I was thinking why are they raising their hands, why are they making weird noises, and why are they so emotional. I did not understand what was going on around me. But I knew for sure I wanted to understand the Bible. I bought one for myself to strictly gain an understanding of the Word, but as I was reading I couldn't help being amazed by how God works and who His Son was and what He did for us. Although I was taken away by the Word, I still didn't grasp a personal relationship with the Lord.

As I was gaining knowledge about God, my perception of a Christian was a near perfect human being, but I was obviously wrong. It was when a fellow Christian broke me to the core that I prayed to God and spoke to Him to understand the turmoil I was going through every day. I always felt that due to my past and due to the flaws I have and the mistakes I've made, I was not worthy to be His daughter. But as my relationship grew in Him, I see how much LOVE our Father offers, and how He guides us to do what's right, to do our purpose, to unveil the greatest treasure.

I'm so blessed to be where I am today, as a believer. I have values to uphold and faith to practice. Although I feel there are more obstacles I encounter these days because my eyes are opened to see the wrongs in myself and of this world, I have the strength and knowledge to do something about it by our God. His joys are endless and His love is always present. I thank God for how He has transformed me, and His acceptance of me. For He layed down His life for me, for my sins, to save me from my bondage to sin; so I am willing to live a new life for Him.



**PRAY FOR  
OUR YOUTH  
MISSIONARIES  
THIS SUMMER!**

Fifteen youth from CBCR and one from GCBCR and four adult chaperones have signed up for the MFuge Camp on July 5-9<sup>th</sup> at Eastern University, Philadelphia, PA. MFuge provides an opportunity for youth to do outreach in needy neighborhoods and other places and to participate in intense times of learning and worship, resulting in a rich environment for growing in their faith.

1. Pray that God will begin working in each of the heart of the youth and that they will experience God in a new way in this camp.
2. Pray that the ministry they are involved with will bless and touch people's lives.
3. Pray for a safe trip to and from the camp.
4. Pray for our youth and the adult chaperone as they raise support for this trip.

## Welcome to Vacation Bible Schools (VBS)

歡迎小朋友參加分別於華人浸信會及華恩浸信會舉行的暑期聖經學校  
Date 日期: 6/21/2010 (Mon 週一) to 6/25/2010 (Fri 週五) 9:00am to 12:00noon

<b>Grace Chinese Baptist Church (GCBCR)</b> 列治文華恩浸信會	<b>Chinese Baptist Church (CBCR)</b> 列治文華人浸信會
<div style="text-align: center;"> </div> <p style="font-size: small;">Date: 6/21---6/25 Time: 9:00am---12:00pm Address: Parham Road Baptist Church 2101North Parham Rd, Richmond, VA 23229 Theme: Rainforest Age: 4-12 years old Contact: 傅美瑜 804-965-9697 刘安安 804-217-7137</p>	<p style="font-size: small;"><i>Calling children age 4 (born before 6/21/06) to 6<sup>th</sup> grade</i> 這活動適合滿四歲(6/21/06 前出生)至六年級的小朋友參加</p> <div style="text-align: center;"> <h3 style="margin: 0;">馬鞍嶺的探索</h3> <p style="font-size: small;">-Need answers? Ask God! -需要答案? 問神!</p> </div> <p style="font-size: small;">我們將捕捉一些生活中的最大問題, 在遼闊的馬鞍嶺牧場上探索: 我們是誰, 上帝如何關心我們, 神所賜的計劃, 如何像耶穌, 該如何活用我們所學到的一切。在這一個星期的探險中, 通過聖經故事, 手工藝, 激勵音樂和遊戲; 而獲得答案帶回家。 We'll be rounding up some of life's biggest questions and drivin' home answers as we explore the wide open spaces on Saddle Ridge Ranch. Join us as we discover who we are, that God cares about us, God has a plan for us, how we can be like Jesus, and what do we do with all we've learned. In this one-week adventure you will drive home answers through Bible stories, crafts, motivating music, and games.</p> <p style="font-size: small;">Contact person 聯絡人: Yu-yu Du (趙幼愉): 755-4422 Grace Ng (崔婉華): 364-3678</p> <p style="font-size: x-small;">At the same time, we also offer classes for mothers (paper crafts) and baby-sitting will be provided. 同時間, 設有媽媽班: (星期一至三) 紙藝 指導: 梅惠秀 (星期四至五) 折紙手工 指導: 蔡師母 教會為參加者提供嬰幼兒照顧服務。</p> <p style="font-size: x-small;">Registration form can be downloaded from <a href="http://www.cbcrvirginia.org">www.cbcrvirginia.org</a> 報名表格可從教會網站(<a href="http://www.cbcrvirginia.org">www.cbcrvirginia.org</a>)下載。</p>
<h3 style="margin: 0;">Congratulations to our 2010 Graduates:</h3> <p style="margin: 0;"><b><u>Graduated From High School:</u></b> Mary Anne Chan, Louie Cheung, Lydia Chu, Larry Lai, Emily Martin, Valerie Ngoh, David Wu, and Kerney Yu.</p> <p style="margin: 0;"><b><u>Graduated From College / Graduate School:</u></b> Jasher Chua, Steven Li, Christopher Lin, Patrick Liu, Anita Yang, and Angela Zhu.</p> <div style="display: flex; justify-content: center; gap: 20px;"> </div>	